



Swindon Carers Centre Volunteer Role Description

Role: Dementia Peer Support Group Volunteer

Overseen by: Volunteer and Outreach Coordinator

Managed by: Carer Groups and Activities Coordinator

Time Commitment: 3 hours once a month

Role Base: St. Andrew's Church, Raleigh Avenue, Walcot, SN3 3DZ

Office Base: Swindon Carers Centre, Sanford House, Sanford Street, Swindon SN1 1HE

Role: To support the Carer Groups and Activities Coordinators in the smooth running of our Dementia Peer Support Group

Key Responsibilities

- To help the Carer Group's & Activities Workers during the session including; setting up / clearing up of venue and any additional activities throughout the session including the preparation of food and refreshments, general tidying, cleaning and washing up
- Supporting a person living with dementia throughout the session (there is no expectation to provide personal care)
- Being an extra pair of hands, supporting both the carer and person living with dementia with as little or as much assistance as they require with tasks such support with refreshment or during activities
- If needed, taking a person living with dementia a side to support them in an alternative activity for example, listening to some music with them, reading sections of particular books and so on, offering their carer a break
- Working together as a team to support all the activities planned for the session
- Report any issues or concerns regarding individuals promptly to the Carer Group's & Activities Worker running the session ensuring the organisations safeguarding policies are adhered to
- To recognise, support and embrace the Mission and Values of Swindon Carers Centre
- To adhere to the Swindon Carers Centre behaviours framework at all times

Relationships

- To work collaboratively with the Carers Groups and Activities Coordinator and Staff from the Alzheimer's Society to ensure our carers and person they care for receive a high-quality service when accessing activities and events run by the organisation or within the wider community

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Additional duties

- Team working is essential to the smooth running of the organisation. It is the nature of the work that at times, responsibilities and tasks may be unpredictable and varied.

Training and Supervision

- Induction training will take place prior starting the role including where appropriate, Safeguarding Vulnerable children and adults, data protection and asset management
- Training specific to the role will be given after Swindon Carers Centre main induction training has been completed
- Ongoing training relevant to the role will be given
- Volunteers will be allocated to a key member of the carers groups and activities team for 1:1 supervision and general support

Special Conditions

The centre operates a 'no smoking' policy. This policy covers all venues used by Swindon Carers Centre

Swindon Carers Centre is committed to safeguarding and promoting the welfare of children and vulnerable adults and expects all staff and volunteers to share this commitment.

Due to the nature of this role applicants will be required to complete a Disclosure and Barring Service (DBS) Application or supply the organisation with relevant information for the DBS Update Service.

A minimum of two references will be required at the time of application.

Due to any potential conflict of interest, and not wishing to add any additional pressure to our carers, Swindon Carers Centre are unable to recruit volunteers into this position who are currently receiving carer support from us or are active on our database. Ex Carers will be able to apply for this role, after 3 months must have lapsed from being in a caring role and registered with us.

Skills and experience

Requirement	Essential / Desirable
Qualities	
Empathetic with the needs of vulnerable adults with additional and complex needs	Essential
A good sense of humour and conversationalist	Essential
Confident in meeting new people and building good rapport skills with additional and complex needs	Essential
A willingness to be open new experiences such as trying a new activity and learning new skills	Essential

Knowledge and Skills	
Good verbal communication skills	Essential
An understanding of young carers and specific their needs the impact caring may have on their lives	Desirable
A knowledge of safeguarding vulnerable children and adults	Desirable
Demonstrate ability to interact effectively with people from a range of ethnic, religious, cultural and social groups regardless of gender, age, spiritual or sexual orientation	Essential
An understanding of the complex issues of those living with dementia and the specialist support they may require.	Essential
An understanding of the needs of carers of all ages and the impact caring may have on their lives	Desirable

