

## What carers say about Swindon Carers Centre

"I can't thank Swindon Carers Centre enough for everything they have done for me."



"Swindon Carers Centre doesn't tell you what to do - they tell you what your options are. I don't try to hide away now because SCC has given me confidence."

For more information about Swindon Carers Centre and the range of services we provide:  
[www.swindoncarers.org.uk](http://www.swindoncarers.org.uk)

Swindon Carers Centre provides information and support to carers of all ages in Swindon.

Please contact us to begin the registration process.

Our opening hours are:  
Monday to Thursday  
9.30am to 4.30pm  
Fridays 9.30am to 4pm



Swindon Carers Centre  
Sanford House, Sanford Street,  
Swindon, SN1 1HE

Telephone: 01793 531133  
[info@swindoncarers.org.uk](mailto:info@swindoncarers.org.uk)  
[www.swindoncarers.org.uk](http://www.swindoncarers.org.uk)



## Swindon Carers Centre



If you are looking after a friend or family member and you need some extra support, we are here to help

## Are you a carer?

If you are looking after an ill, frail or disabled family member, partner or friend, then you are a carer. The person you look after may be elderly, have a physical or mental health condition, a learning disability or a drug or alcohol dependency (diagnosed or undiagnosed).

People often don't view themselves as carers, and as a result can miss out on the various rights, benefits and support which may help them in their role.



## About us

Swindon Carers Centre (SCC) is an independent charity established to support and provide help to carers in Swindon. We are a network partner of the Carers Trust.

We have a team of trained staff and volunteers who provide a wide range of support and services.

## Our Mission:

*To improve the wellbeing of people with caring responsibilities in and around Swindon, creating a community where carers are recognised, valued and supported.*

### How can Swindon Carers Centre help?

We aim to work together to find the support that may make your caring role more manageable.

Swindon Carers Centre provides a broad range of support services to all carers including Young Carers under 18, Young Adult Carers from the age of 16-24, Parent Carers who care for someone under 18, Adult Carers from 18-64, Military Carers, LGBT Carers and Older Carers from the age of 65.

We can help in various ways:

- Provide information
- Signpost to other relevant organisations
- Give one-to-one support, including assistance in accessing services
- Welfare and benefits advice
- Access to breaks and complementary therapies
- Training sessions and self-help groups
- Emergency Card Scheme

01793 531133

[info@swindoncarers.org.uk](mailto:info@swindoncarers.org.uk)

## Registration with SCC

If you would like to register with Swindon Carers Centre as a Carer, please contact us by telephone or email or visit our website and complete a registration form.

Telephone: 01793 531133

Email: [info@swindoncarers.org.uk](mailto:info@swindoncarers.org.uk)

Website: [www.swindoncarers.org.uk](http://www.swindoncarers.org.uk)

When you first contact us, we go through a registration process to make sure we're the most appropriate place for you to come for support.

We have teams of experienced practitioners dedicated to supporting all carers whatever situation you are facing.



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Follow us on Twitter  
[@SwindonCarers](https://twitter.com/SwindonCarers)

Please note that due to the high demand for our services, there is occasionally a waiting time of a few weeks before we can help