## What Parent Carers say about Swindon Carers Centre

"I was at the end of my tether; I don't know what I would have done without your support."



"Absolutely brilliant, the support has been unbelievable. Knowing someone is at the end of the phone has been brilliant, otherwise I can feel very alone."

For more information about Swindon Carers Centre and the range of services we provide: www.swindoncarers.org.uk Swindon Carers Centre provides information and support to carers of all ages in Swindon.

Please contact us to begin the registration process.

Our opening hours are: Monday to Thursday 9.30am to 4.30pm Fridays 9.30am to 4pm



Swindon Carers Centre Sanford House, Sanford Street, Swindon, SN1 1HE

Telephone: 01793 531133 info@swindoncarers.org.uk www.swindoncarers.org.uk





Charity No. 1061116 Company No. 3305621

# Information for Parent Carers





If you are looking after a child or young person with special needs and you need extra support, we are here to help

#### **Are you a Parent Carer?**

Do you care for a child or young person under 18 with special needs? Does your child have a disability either diagnosed or undiagnosed? It could be a physical disability, learning disability or emotional/behavioural condition. We are here to support you.



#### **About us**

Swindon Carers Centre (SCC) is an independent charity established to support and provide help to carers in Swindon. We are a network partner of the Carers Trust. We have a team of trained staff and volunteers who provide a wide range of support and services.

# How can Swindon Carers Centre help me?



Swindon Carers Centre works in partnership with Children's Services and Adult Social Care as well as NHS services and other local voluntary organisations, with the aim of identifying as many carers as possible to provide the most relevant support for your caring situation.

Our Parent Carer Support Practitoners are available to Parent Carers, providing emotional support, information and sign-posting to other services and agencies.

01793 531133 info@swindoncarers.org.uk

### Our Parent Carer Support Practitioners can:

- Offer home visits to talk through your situation face to face, or arrange another convenient location
- Provide practical and emotional support
- Advise you of your rights as a carer
- Be on the end of a phone for you to talk things through
- Be a source of information on local services and how they could help you
- Help you if you're experiencing problems with services
- Help with accessing various funding and grant giving bodies
- Help you to access other services available within SCC, including support for Young Carers
- Link you to our own carer groups or those run by other organisations

Please note that due to the high demand for our services, there is occasionally a waiting time of a few weeks before we can help