

# Understanding the real needs of carers - Swindon Carers Centre bosses hit the road!



**Media Release – 05 February 2013 - For immediate use**

Swindon Carers Centre is committed to continually improving the service we provide to carers of all ages. With this in mind our Chief Executive, Cath Johnston, and Chair of Trustees, Ian Price, are spending two days next week visiting carers of all ages (young to older) in Swindon to understand further how caring affects them and their families.

Ian and Cath will be participating in the day to day experiences of the carers they meet on Monday 10<sup>th</sup> and Tuesday 11<sup>th</sup> February. It may be they have a cup of tea, join in activities the carer plans, visit the shops with them, support the carer with the person they care for or just have a good chat!

Cath says: "Anyone can suddenly become a carer. One in ten of us is a carer at any given time. Therefore it's vital we find out more about the times when carers and their families feel most alive and happy as well as the difficulties and worries they may have. This will help us to ensure the support we provide continues to be helpful, relevant and enjoyable."

Ian agrees: "As Chairman of Swindon Carers Centre it is important I understand the real issues carers here are facing. I know it cannot be easy being a carer and I hope these visits will give me a better insight as to the different challenges carers face. This will help me in running Swindon Carers Centre - I have to say I am really looking forward to the two days."

**Ends**

## **For further information contact:**

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## **Notes to editors**

- Swindon Carers Centre is part of the national network of the Carers Trust with 144 such centres across the UK
- SCC offers help and support to people in Swindon who have caring responsibilities
- There are approximately 19,000 carers of all ages (including children and young people) in the Borough of Swindon and Swindon Carers Centre is available to provide them with much needed support, help and information

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