

Swindon Carers Centre to hold Carers Rights Day event on 20th November



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Each year Carers Rights Day brings organisations together to help carers know their rights and find out how to get the help and support they are entitled to. This year's Carers Rights Day is **on Friday 20th November**. The theme is “**Looking after someone? Know your rights**” and will focus on:

- **Making carers aware of their rights:** Every year across the country more than 2 million people become carers. Many struggle to navigate the maze of services and entitlements, and miss out on financial and practical support. And it's not just people who are new to caring – even those who have been caring for years sometimes aren't aware of their entitlements.
- **Letting carers know where to get help and support:** Caring can present all kinds of challenges. We want every carer to know where to turn for advice, information and support, whether in their local community or online.
- **Raising awareness of the needs of carers:** Carers Rights Day raises awareness of the needs of carers with the public, decision makers and professionals, helping us realise our vision of a society that respects, values and supports carers.

Swindon Carers Centre's event this year is at The Wyvern Theatre in Swindon on Friday 20th November. It will run from 11.00am to 2.30pm and will include presentations from Swindon Carers Centre; Sue Wald from Swindon Borough Council (SBC); Robin Butcher from the Swindon Clinical Commissioning Group (CCG) and Newlands Anning from the Avon and Wiltshire Mental Health Partnership NHS Trust (AWP). There will also be two workshops discussing how to improve the awareness of services for carers and pressure on services caused by the impact of an aging population. Justin Tomlinson MP will then facilitate a Question and Answer session with a panel including the guest speakers and other partners. To book a place contact Sophie Beecroft on 01793 531133 or email sophie.beecroft@swindoncarers.org.uk.

Ends

For more information contact:

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Notes to editors

- Swindon Carers Centre is part of the national network of the Carers Trust
- SCC offers help and support to people in Swindon who have caring responsibilities
- There are approximately 19,500 carers of all ages (including children and young people) in the Borough of Swindon and Swindon Carers Centre is available to provide them with much needed support, help and information

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