



Swindon Carers Centre supports Carers Week 2013

23 May 2013 – for immediate release

Partners



To celebrate Carers Week, which runs from 10 to 16 June, Swindon Carers Centre is organising several events at different GP surgeries to support carers in Swindon.

The sessions will offer carers a chance to access support and information and signpost them to help and advice. They will take place at local GP Surgeries for registered patients who are carers.

Carers Week highlights the vital contribution made by carers to their families and communities in providing unpaid care for someone who is ill, frail or disabled.

Prepared to Care? – the 2013 Carers Week campaign – will focus on how the UK's current carer population is coping, how effectively Government is supporting the growing numbers of carers, and whether the wider population is prepared for future caring responsibilities.

Event details:

Mon 10th June coffee morning - Old Town Surgery 10am-12noon

Mon 10th June coffee afternoon – Lawn Surgery 1pm-2pm

Tues 11th June drop in session - Penhill Surgery 10am-2pm

Wed 12th June coffee morning - Eldene Surgery 10am-12noon

Wed 12th June coffee afternoon - Great Western Surgery 1pm-2pm

Thurs 13th June coffee morning - Wroughton Surgery 10am-12noon

Thurs 13th June coffee afternoon - Kingswood Surgery 1.30pm-2.30pm

Supporters



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Susanna Jones, Swindon Carers Centre's Communications Officer, says: "Caring can be a very rewarding experience, but it can also be very demanding. That's why we've organised these sessions to help give carers a bit of a break, but most importantly celebrate their role and give them some support. These are just some of the many activities and services Swindon Carers Centre provides to support carers who feel isolated as a result of their caring role."

This year's Carers Week is supported by many famous celebrities with caring experience, including actress, Lynda Bellingham:

Lynda Bellingham says: "Carers Week is a fantastic opportunity for the UK to come together to recognise the outstanding contribution that carers across the country make on a day to day basis. My sister and I cared for our mother when she had Alzheimer's and so I know first-hand the impact that caring can have on someone's life. That's why I'm supporting Carers Week because I believe it's vital that help is made available, especially when you consider that every day 6,000 new people will take on a caring role for a loved one. Carers in this country do a fantastic job and we must come together to support them."

For more information about the events and activities taking place as part of Carers Week, visit www.carersweek.org. For more information about Swindon Carers centre visit www.swindoncarers.org.uk

Carers Week is delivered by a partnership of national charities – Age UK, Carers Trust, Carers UK, Independent Age, Macmillan Cancer Support, Marie Curie Cancer Care, MS Society, Parkinson's UK and supported by the Stroke Association and Bupa's Carewell. In 2013 it is sponsored by Sainsbury's Plc and the sector skills council in England Skills for Care.

More follows...

For more information please contact:

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For editors:

1. Carers Week is delivered by a partnership of national charities – Age UK, Carers Trust, Carers UK, Independent Age, Macmillan Cancer Support, Marie Curie Cancer Care, MS Society, Parkinson's UK and supported by the Stroke Association and Bupa's Carewell. In 2013 it is sponsored by Sainsbury's Plc and the sector skills council in England Skills for Care.
2. Carers Week takes place to recognise and celebrate the UK's 6.5 million carers and encourage them to access the support, advice and information they need that can help improve their lives and the people they care for.
3. At least 2,000 organisations take part in Carers Week, including local charities and voluntary organisations, hospitals, hospices and care homes and a growing number of employers.