

Walk A Mile in carers' shoes to fundraise for Swindon Carers Centre



Media Release – 24 April 2014 - For immediate use

Carers Week - 09-15 June 2014

Walk A Mile In My Shoes – This year, for National Carers Week, we are asking people in Swindon to walk a mile to raise awareness for unpaid carers in the town.

As the title suggests you could choose to walk the mile in a pair of shoes owned by a carer. Or you could wear your own shoes and think about the impact of being a carer. The walk will take place on **Saturday 14th June 2014** gathering at 10.30am to start at 11am from the Wyvern Theatre. The route will take us through town finishing back at The Wyvern.

We are looking to get 100 people signed up for the walk, to raise money for Swindon Carers Centre. Once you've registered with us, you'll receive a sponsorship form to get going.

We're delighted to say Robert Buckland MP and Gavin Jones, Chief Executive of Swindon Borough Council, have already signed up to show their support for carers in Swindon.

Cath Johnston is Chief Executive of Swindon Carers Centre: "1 in 8 of us is a carer. How about raising some funds for Swindon Carers Centre, so we can continue to support carers of all ages by providing much needed information, advice and support. Join our event on Saturday June 14th and 'Walk A Mile in My Shoes' to acknowledge the unstinting dedication of the 19,500 unpaid carers in Swindon."

To register for the Walk, please contact Sandi Chapman:
sandra.chapman@swindoncarers.org.uk or 01793 531133.

Ends

More follows...

For further information contact:

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Notes to editors

- Carers Week is a UK-wide annual awareness campaign. Its aim is to improve the lives of carers and the people they care for
- Carers Week is supported by Carers Trust, Carers UK, Age UK, Macmillan Cancer Support, Marie Curie Cancer Care, MS Society, Parkinson's UK, Independent Age and Skills for Care
- Swindon Carers Centre is part of the national network of the Carers Trust
- SCC offers help and support to people in Swindon who have caring responsibilities
- There are approximately 19,500 carers of all ages (including children and young people) in the Borough of Swindon and Swindon Carers Centre is available to provide them with much needed support, help and information

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